

	Team A		Team B	
1. Six person beach relay	All		All	
2. Ski relay – two people	Liam O	James F	Simon	Peter
3. Board relay – one male & one female	Megan B	Liam O	Brie	Peter
4. Beach flags – female (one person per team)	Georgia		Brie	
5. Beach flags – male (one person per team)	James Craib		Jimmy	
6. Tube rescue – one male & one female	Megan B	Ben P	TBC	Peter
7. Board rescue	Liam O	Ben P	Peter/Jimmy	Daniel
8. Kesteven Cup Ironman Relay – five legs (in order) – 400m run, swim leg, board leg, ski leg, sprint	James C, Ben, Liam, James F, Georgia		Jimmy, Daniel, Pete, Simon, Brie	
	Team C			
1. Six person beach relay	All			
2. Ski relay – two people	Tom M	Fraser		
3. Board relay – one male & one female	TBC	Tom M		
4. Beach flags – female (one person per team)	Georgina M			
5. Beach flags – male (one person per team)	Harry			
6. Tube rescue – one male & one female	Maytinee	Fraser		
7. Board rescue	Fraser	Harry		
8. Kesteven Cup Ironman Relay – five legs (in order) – 400m run, swim leg, board leg, ski leg, sprint	Maytinee, Fraser, Harry, Tom, Georgina			

Black and White Relay:

Peter
Daniel
Fraser
Ben